

5 Steps to Take After a Workplace Accident

In the moments after a workplace accident, it's normal to feel shaken or unsure what to do next. But taking the right steps early can protect your health, your job security, and your right to compensation. This guide shows you how.

Injured at Work? Here's What To Do Next.

If you're involved in a workplace accident, follow these steps to help protect your health, your rights, and your entitlement to compensation.

- ✓ Seek medical treatment
- ✓ Document the circumstances of the injury
- ✓ Report your accident
- ✓ Make a claim
- ✓ Engage Foye Legal

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Seek Medical Treatment

Ensure that you promptly seek medical treatment, even if you think it's a minor injury. Be thorough in describing your injuries, symptoms and pain to your treating practitioner.

2 Obtain the Details of the other parties

As soon as you are aware of an injury, whether it happens quickly, or over a period of time, it is important to collate all the information you have about the cause of an injury. Take photographs, save emails and make file notes or diary entries.

You should also consider who witnessed the injury occurring, and record their details, in case they need to be contacted at a later date.

3 Report your accident

As soon as it is safe to do so, if you have an injury that is connected to your work, you should report the injury to your employer.

If your workplace has a form way to report an injury, including completing an incident report, you should follow that process. Use short and simple sentences to explain what happened.

4

Make a Claim

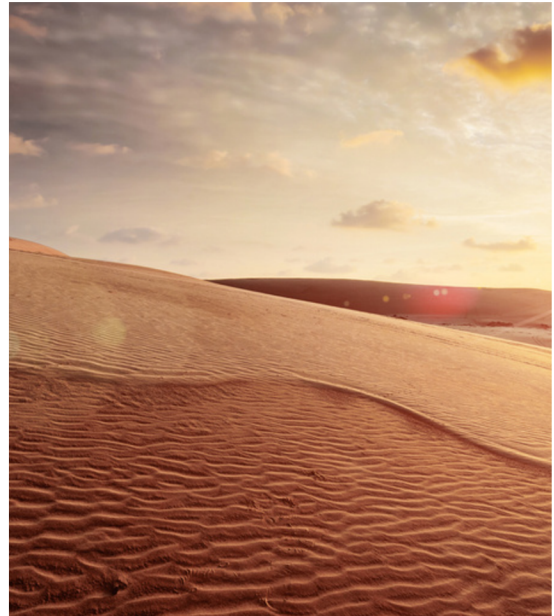
You are entitled to make a claim for any injuries sustained at work, regardless of who is at fault. Obtain a claim form from either your employer or SIRA.

A claim form should be submitted with a Certificate of Capacity from your GP or treating hospital. Whilst claims have a period of 6 months to be made, we recommend that the claim is made immediately, so as to ensure that there is no delay in the insurer assessing your claim, and paying you compensation.

You may be entitled to weekly compensation, medical expenses, and for serious injuries you may be entitled to bring a claim for compensation in relation to permanent impairment. Once you have made a claim, you should hear from the insurer within 48 hours.

5 Engage Foye Legal

- ✓ We will be able to assist you in the claim process, at no cost to you.
- ✓ All of your legal expenses are paid for by the government body, the Independent Review Office.
- ✓ We will advise you of all of your entitlements, and assist you with any disputes with the insurer.



How We Leave You Feeling

Your case is important. You will receive compassionate, confidential and judgment-free support, empowering you to take charge of your legal journey with confidence and clarity. Have questions? We're here to help.

